

## National Qualification in Teaching & Learning in Primary PE

### Introducing Kate Woodrow from Suffolk

Kate has recently passed her *Level 3 Certificate in Teaching and Learning in Physical Education in Primary Schools* – a national qualification course with us here at VisionED. In her school, The Albert Pye Primary in Suffolk, she now leads clubs, teaches PE, and also supports pupils in lessons in Lower KS2.

Said Kate: "I have always had a massive passion for sport. I loved any sport at school and outside in my community where I attended local clubs in swimming, dance, and netball. My absolute favourite is netball. I played this throughout school and for a local club. Through perseverance and determination, I went on to play for the Suffolk County Academy, then was selected to play for the Regional Academy and was also scouted and attended England College Netball trials."



Kate's passion for all things PE and sport shone out when she attended a CPD session about 'Teaching and Supporting High Quality PE' which we were delivering for schools in Suffolk. We had a great conversation about her school and her role there as well as her obvious passion for PE and skills. Through this we sowed a seed regarding the national qualification course which we felt she would be an exceptional candidate for – and this proved to be the case as she smashed the course!

*"PE and Sport is something I love and ever since I began at The Albert Pye School myself as a pupil, I have loved how PE and sport has been such a big part of the school life there and in its local community. I can remember all the opportunities we had as pupils to play a wide variety of sports and games, including having the privilege of representing the school. This continues to this day and for me, these are some of my best memories from school. Miss Lane was part of my Primary School journey and Mr Adcock was part of my Middle School journey. I will always be thankful for teachers like these contributing to learning about hard work and striving to be the best I can be."*

*"I have recently completed my Level 3 Certificate in Teaching and Learning in Physical Education in Primary Schools with VisionED. I loved the course and all the feedback and help I received from VisionED was excellent. My school were also so supportive and my mentor, Mr Stuart Mckenzie was amazing. This course was the same course he completed when he started teaching PE at The Albert Pye School and he has made such a huge and positive impact. I am so happy that I can now be part of teaching PE myself at school."*

*"I very much enjoy teaching PE throughout The Albert Pye School and I also currently run an after-school club and lunch time clubs for all year groups. This includes dance, cricket, and Netball. It is great to be part of ongoing story of PE and sport at the school. I love what I do and I am so thankful for the support afforded me and the belief in me shown by Stuart, colleagues at the school and Martin at VisionED."*

Kate completed the online course with us in March 2025. You can find out further details on our website: [www.visioned.org.uk](http://www.visioned.org.uk) via the Courses/CPD/Qualifications tab on the menu. Alternatively, you are welcome to contact us to discuss your situation, your background, aspirations, and experience. The course is best suited to learners who are currently working in a primary school or schools and who wish to develop their knowledge, skills and understanding so that their headteacher could deploy them to teach PE lessons, provide PPA cover through PE or to increase a school's capacity to deliver high quality physical education, school sport and physical activity.