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| Title:  OPPORTUNITY | **Pilot Programme – BORN TO MOVE (FREE) Induction Session** |
| About: | *VisionED is delighted to be working with Les Mills International, global leaders within the health and fitness sector on their incredible new product called BORN TO MOVE for schools and settings. Aimed at increasing the amount of physical activity pupils do at school, linked to home and parental engagement, this product is an amazing tool for engagement and to meet the funding requirements of National Key Indicator 2 of the PE and sport premium. Music, dance, singing and creativity packaged together with current songs, great movements linking all forms of fitness and movement this programme has gone down really well elsewhere. This is your chance to get involved at the outset in UK, for FREE, shaping the roll-out whilst saving over £500!!*  *To get involved in this amazing opportunity please contact us directly at:* [*enquiries@visioned.org.uk*](mailto:enquiries@visioned.org.uk)  Date: **10 December** (1:30 – 3:30) **Mile Cross Primary, Norwich FREE** |
| Web link: | [**https://www.visioned.org.uk/news/new-partnership-with-global-leader-les-mills/**](https://www.visioned.org.uk/news/new-partnership-with-global-leader-les-mills/) |
| Benefits: | *Schools will be part of a UK pilot programme to embed and develop a powerful new resource to engage schools with both their pupils and their parents in purposeful physical activity. Schools will have the opportunity to take part FREE for the year as well as learn about the sustainability inbuilt in the product to self-generate funds to pay for the school licence annually each year.* |

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| Title:  COURSE | **Outdoor Adventurous Activities (OAA) on YOUR school site** |
| About: | *This one- day certificated course shows that there is far more to OAA than just an annual residential! Develop problem-solving, resilience, lateral thinking, independent learning, collaborative and cooperative work, challenge and trust through this fantastic area of activity. Whole school impact when embedded which can also target those pupils for whom traditional sports and activities seem irrelevant. Highly practical with lots of ideas to bring back to school quickly and easily.*  *Please note: This course can be delivered as a whole school INSET or over a series of twilights for your MAT, Federation, cluster or school. Contact us to discuss YOUR needs.*  Date: **7 December** (09:30 – 4:00) Mile Cross Primary, Norwich. Cost: £150.00 |
| Web link: | [**https://www.visioned.org.uk/product/outdoor-and-adventurous-activities-on-the-primary-school-site/**](https://www.visioned.org.uk/product/outdoor-and-adventurous-activities-on-the-primary-school-site/) |
| Benefits: | Schools can utilise this area of physical activity to maximise learning across the curriculum through a variety of active learning approaches and teaching strategies. OAA is often referred to as “The Hidden Gem” of PE as so few schools really understand the full potential of this area of activity to impact in and through PE. This course will also help schools increase staff confidence (National Key Indicator 3) whilst increasing the range and breadth of activities for pupils (National Key Indicator 4) |

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| Title:  COURSE | **Supporting the Learning Poolside** |
| About: | *This one-day certificated course is aimed at helping schools to maximise the learning and progress made by pupils during their school swimming programme. Aimed at staff who will be taking pupils to the pool, it allows them to engage in teaching / supporting a small group of pupils in shallow water. Designed to ensure staff standing poolside can actively engage, support and improve pupil progress. This course is seen by many schools as an essential requirement for their staff supervising swimming as it allows the teacher / swimmer ratio to be reduced and greater pupil engagement / progress to be made.*  Date: **21 January 2019** (9:30 – 3:30) Norwich. Cost £175 |
| Web link: | [**https://www.visioned.org.uk/product/supporting-the-learning-poolside/**](https://www.visioned.org.uk/product/supporting-the-learning-poolside/) |
| Benefits: | Deployment of staff (including HLTA’s, Cover Supervisors & TA’s) to work with and teach a small group of similar ability pupils in shallow water. This reduces the teacher to pupil ratio whilst also, in many cases, increasing the actual taught time for pupils. Supports the governments agenda around swimming and standards achieved by ALL pupils at end of primary school phase.  Highly recommended |

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| Title:  COURSE | **NQT’s – Teach High Quality PE for ALL** |
| About: | *This very successful one-day course is aimed specifically at supporting newly qualified teachers who may still feel very unsure about teaching all the components of the PE curriculum or just teaching PE full stop! NQT’s will look at everything from effective warm-ups which promote greater learning to developing sport specific skills with older pupils, inclusion to extension and what makes high quality PE. Delivered by highly practical activities across the PE curriculum it also provides lots of ideas and approaches for NQT’s to come straight back with and utilise with their classes.*  Date: **5th February 2019** (09:30 – 4:00) Norwich Based Venue TBC Cost: £175 |
| Web link: | [**https://www.visioned.org.uk/product/teaching-high-quality-pe-for-nqts/**](https://www.visioned.org.uk/product/teaching-high-quality-pe-for-nqts/) |
| Benefits: | Lack of time spent on this nationally important subject means that often newly qualified teachers are anxious about teaching PE. This course seeks to dispel myths, promote and encourage engagement and confidence to teach high quality PE. It also supports schools in evidencing effective use of PE and sport premium – particularly in upskilling and developing staff competence and confidence (National Key Indicator 3) |

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| Title:  INSET | **Gymnastics – Large Apparatus Safety, use and set up** |
| About: | *This is a twilight session which schools can book to ensure health and safety and staff confidence in using all the large apparatus in their school. Delivered at YOUR school ensuring staff consistency and familiarity with their own specific apparatus, this course helps increase activity levels by reducing queuing, looks at creative use of the apparatus, how to extend the pupils and also how to ensure inclusive safe practice for ALL. Reduce teacher anxiety, build teachers knowledge, skills and competence to teach gymnastics utilising your wall-bars, trestles, mats and A-frames.*  Date: **YOUR choice within tutor availability** Venue: **YOUR school**. Cost: £300 |
| Web link: | [**https://www.visioned.org.uk/product/new-gymnastics-large-apparatus-twilight-inset/**](https://www.visioned.org.uk/product/new-gymnastics-large-apparatus-twilight-inset/) |
| Benefits: | Increased staff competence and confidence to progress, engage and extend pupils within their gymnastics work. Consistency of staff use promoting greater pupil consistency of experience. Addresses all health and safety concerns and compliance issues whilst building staff confidence, skills and understanding in line with National Key Indicator 3. |